

# August

# Vaccination

## Vaccine Myths

### **Vaccines Cause Autism**

The 1997 study published regarding the link has since been discredited and the author lost his medical license. Since then, no such link has been proven.

### **Infant immune systems are too weak to handle vaccines**

Even if all 14 suggested infant vaccines were given at once, only about 0.1% of the baby's immune system would be needed to fight off illness.

### **Natural immunity is superior to immunity by vaccine**

While some natural immunities may be stronger than vaccine immunity, the dangers of contracting some of this illness far outweighs the benefit.

### **Vaccines consist of unsafe toxins**

The trace amount of some chemicals are not toxic in the body at such levels and may be present in smaller amounts in vaccines than produced by the body's metabolic system.

### **Vaccines can infect someone with the disease it is meant to prevent**

Mild symptoms resulting from the vaccine are due to the body's immune response, not the disease itself.

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## Vaccination And Your Liver

Even though other children are vaccinated, diseases still exist such as hepatitis A and B, which can be prevented by these vaccines.

The price for natural immunity can be liver cancer from the hepatitis B virus as opposed to cold-like symptoms of vaccine.



## Doctor's Tip

Vaccination status should be updated when you see your primary care doctor. Many vaccinations require a booster later in life.

- Dr. Bianca Chang, University of Chicago Hospitals



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Get Fit is a campaign provided by the American Liver Foundation, Great Lakes Division. Learn more by visiting us at <http://www.LiverFoundation.org/GreatLakes>

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